



# S.L.A.D.E.

St. Louis Association of Diabetes Educators

Founded as First AADE Chapter in 1976



Volume 31, Issue 2  
WINTER 2008

## MISSION

SLADE is a multidisciplinary membership organization dedicated to:

- ◆ Advancing the role of the diabetes educator
- ◆ Advancing the practice of quality diabetes self-management training and lifestyle management for the prevention of diabetes

## President's Message

The Green Movement, Member Survey, Sustainability and SLADE

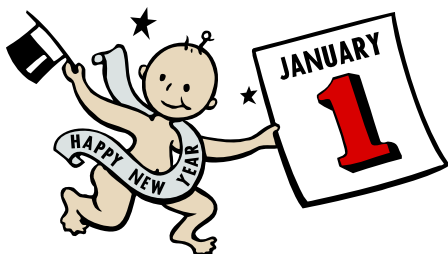
We begin 2008 with the long awaited and dreaded highway 40 closing. What does it mean for our work commute? For our travel time? For SLADE? Our membership spans the entire Metro area from Staunton, IL to Washington, MO and from Alton, IL to Afton, MO. With highway access decreasing and gas prices increasing – how do we sustain a membership with a mile radius?

To address these issues and to ensure the flow of information, two new committees were formed this year. To identify and address member needs, an education committee was put in place. You will soon be receiving a member survey developed by the committee. We recognize that your time is valuable and providing programming that meets everyone's needs is critical to our sustainability. Please complete the survey so we can best plan the educational programs in 2008.

Over the past year the Board has used email blasts as the major form of communication with the membership. This has not only reduced the printing expenses, but has possibly reduced our carbon imprint. A website committee was formed and a webmaster was hired this past year to evaluate the look of the site and to determine its potential as a continuing education source. Could we eventually have virtual meetings?

How green can SLADE become? No one has the answers, but we have the questions. Thanks to these two committees we will be trying to anticipate and respond to member needs. We hope to see you at the membership meetings. Happy New Year.

— Amber Wamhoff



# Legislative Update

— Mary Lawrence

After years of lobbying efforts by AADE, the U.S. House of Representatives introduced H.R. 4218: The Diabetes Self-Management Training Act of 2007 on November 15, 2007. This bill would increase access to diabetes education by allowing CDE's to become providers under Part B of the Medicare program. Please go to the new website of AADE for more information and how you can become involved. AADE's website [www.diabeteseducators.org](http://www.diabeteseducators.org) replaces the original site [www.aadenet.org](http://www.aadenet.org).

Another bill supported by AADE is the "GEstational Diabetes (GEDI) Act of 2007"-S.907. The bill includes the following

components: development of a Research Advisory Committee headed by the CDC which would oversee multi-site gestational research projects and track mothers who have had gestational diabetes, grant money to focus on reducing the incidence of gestational diabetes, provide funds to state-based health programs, and expand basic, clinical and public health research investigating gestational diabetes and obesity during pregnancy. The state of Missouri is currently developing guidelines for screening and management of gestational diabetes. Key stakeholders from around the state are working together in collaboration with the Sinclair School of Nursing at the

University of Missouri, Columbia. When completed, the recommendations will be posted at the department of health and senior services website. Current screening and diabetes management guidelines can be accessed at [www.dhss.mo.gov/diabetes/Guidelines.html](http://www.dhss.mo.gov/diabetes/Guidelines.html).

In closing, I would highly recommend reading an article from Diabetes Spectrum, Fall 2007 entitled "Is the Diabetes Educator Our Next Endangered Species? Lessons from the American Bald Eagle" by Linda Siminerio. If you don't have access, please contact me and I will fax the article to you.

## SLADE Bylaw Revisions - Sara Cunningham

Due to changes at the national level, our chapter bylaws need to be revised this year. The proposed revisions were presented at the November meeting and will be voted on by Active members at the January business meeting. Revisions address the change in membership year, change

in fiscal year and other sections that were needing updating. Our last revision was 2005. A copy of the bylaws can be found on the website under the **Links** section.



## Summary of Meetings

— Nancy Bradley & Lois Daniels

SLADE kicked off this fall with a wonderful meeting titled, "Glycemic Control in the ICU and Beyond." Our speakers were Beth Taylor, MS, RD, CNSD, FDDM, Nutrition Support Specialist, Surgical Intensive Care Unit, Barnes-Jewish Hospital and Marilyn Schallom, RN, MSN(R), CCNS, CCRN Clinical Nurse Specialist, Barnes-Jewish Hospital, Surgical, Burn/Trauma ICU and General Surgery. They provided current research in the area of glycemic control and health outcomes of the hospitalized patient. Our meeting was held at St. John's Mercy Medical Center and was sponsored by Roche Diagnostics.

CEUs were provided and 31 members were in attendance.

"Celiac Disease and Type 1 Diabetes: Autoimmune Mysteries," presented by Lynn Senecal RD, CDE, was the topic of the November meeting held at St. John's Mercy Medical Center and was sponsored by Animas and DexCom. The pathology and diagnosis of Celiac Disease along with the symptoms that often go misdiagnosed or undiagnosed were discussed. Associated diseases and treatment options were reviewed. Resources for parents and healthcare providers were

available. CEU's were provided and 32 members were in attendance.





## Of Interest - Dina Chapman

### CDE Publishes Article

Cindy Merrins, MS, RD, CDE, BC-ADM, recently published a collaborative article titled, "Impact of a Multidisciplinary Intervention for Diabetes in Eritrea," in the November 2007 issue of Clinical Chemistry. Please go to the following link for access to the article.

<http://www.clinchem.org/cgi/reprint/53/11/1954?eaf>



### Colleen Cashner, RN, CCM

Colleen Cashner has been a registered nurse for 25 years. Her work experience in the past includes home infusion therapy in the outpatient setting, as well as working at various hospitals in her nursing career. However, for the past 17 years, she has been employed as a Certified Case Manager for Caremark and GHP. Of those years, the past five have been at GHP in St. Louis.

Recently, Colleen received the 2007 Case Manager of the Year Award from the Case Management Society of America - St. Louis Chapter. The Case Management Society of St. Louis (CMSA-STL) is the local Chapter of the Case Management Society of America (CMSA) and is actively involved in the promotion of the

## Spotlight a Member — Dina Chapman

case management profession. She is a board member of the local chapter and is very excited about receiving this award. Colleen enjoys many aspects of her job as a Case Manager, in particular working with a variety of professionals with different backgrounds and the Co-Program. The Co-Program is where a Case Manager works on seeing all patients with diabetes (including those with heart and kidney disease) and then collaborating with other professionals to meet the healthcare needs of the patient. Case Managers can collaborate and learn from all professionals within the case management profession by providing education, information and networking opportunities towards professional development.

Colleen has been a SLADE member for the past three years. She has been working with the SLADE Education Committee for the past year and is excited about our first official co-program (SLADE & Case Management) in January 2008. Colleen's hobbies

include traveling and gardening. Congratulations Colleen on your award! We are thrilled and very



## ANNOUNCEMENTS — Sharla Fischer

### Congratulations from SLADE:

Colleen Cashner, RN, CCM—2007 Case Manager of the Year Award from CMSA-STL

Bev Hoff, RN, CDE—New CDE as of October 2007

An email blast will be sent out very soon to 2006 and 2007 members regarding Membership Renewal for 2008.

Check the SLADE website directory for your status. If you are not listed, your membership is about to expire. Please remind your friends and coworkers as well as any potential new members.

Print an application and send in your renewal as soon as possible to continue receiving email blasts.\*\* If membership is not renewed, your email subscription for blasts will be cancelled.

Renewal before mid January will allow us to print your information in the SLADE directory which will be emailed out in PDF format for you to save or print at your discretion.

Thanks for your prompt attention.

**Community Calendar**

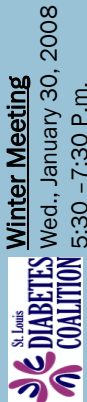
**AMERICAN DIABETES ASSOCIATION**



**2008 Events and Programs**

February 23 – Madison County Annual Meeting/Education Program  
 April 12 – Diabetes Walk—Franklin County, MO

For more information about any upcoming events, please call: (314) 822-5490 or toll-free: 1-888-342-2383; ext. 6821 or ext. 6832



**Winter Meeting**  
 Wed., January 30, 2008  
 5:30 – 7:30 P.m.

Chesterfield Doubletree  
 To register, call or e-mail Eric (314) 446-6485 or [eric@diabetescoalition.org](mailto:eric@diabetescoalition.org)

**JDRF Family Retreat**  
 February 9 & 10, 2008  
 Call 314-726-6778 for more details



**SLADE CALENDAR**

**MEMBERSHIP MEETINGS**

Wednesday, January 23, 2008  
 Ces & Judy's Catering, Le Chateau Village—Red Blood Cells, Diabetes & CVD — What is the Connectoin™

Tuesday, March 4, 2008—TBD

May Mtg—TBD

**BOARD MEETINGS**

All board meetings begin at 6:00 p.m. and are held at SJMMC.

Tuesday, February 5, 2008

Tuesday, April 1, 2008

Check website Calendar and e-mails for future information on membership meetings.



**S.L.A.D.E.**

P.O. Box 11292  
 Clayton, MO 63105  
 314-644-3880

**HAPPY NEW YEAR**

We're on the Web

[WWW.SLADE-DIABETES.ORG](http://WWW.SLADE-DIABETES.ORG)

**OFFICERS**

- President ..... Amber Wamhoff
- President-Elect..... Nancy Bradley
- Secretary ..... Lois Daniels
- Treasurer ..... Sharla Fischer

